



Good afternoon and happy Friday, Sherman Lakers!

See below for a new guidebook section, a caregiver resource, and a community spotlight! Don't forget that the full Camp Guidebook can be found in your account under "Forms & Documents." If this is your first "preparing for camp" email from me, you can review the previous months [HERE!](#)

### **Camp Guidebook Highlight**

#### **HCRR & Inclusion**

Our Mission: Sherman Lake YMCA Outdoor Center puts Honesty, Caring, Respect, and Responsibility (HCRR) into programs that build a healthy spirit, mind, and body for all. We are an inclusive organization that welcomes all, regardless of race, color, national origin, sex, sexual orientation, gender identity, religion, or disability.

- HCRR (pronounced "Hick-er") is a part of everything we do! You will definitely hear about these core values when they get home!
- We are proud partners with [Kulture City](#), an organization that promotes inclusion for those with sensory needs and invisible disabilities.
- Overnight campers have the option of an all-gender cabin. This is open to all, no matter their gender or identity. No matter what cabin/group your camper is in, privacy and personal boundaries are a standard expectation! You can read more about [Safety & Equity policies here!](#)
- Every week, each cabin or day camp group will create a "Community Commitment" with their counselors. This is a group agreement of expectations for all to feel safe and a sense of belonging while here. If it's repeatedly broken by a camper, they may be dismissed from Camp.
- Our goal is "Success for Every Camper!" And success looks differently for everyone. Please fill out your Camper Forms at least two weeks prior to Camp so we can best serve your camper and their needs. Our Camper Services team will give you a call if needed to talk about strategies and resources to best support your camper.
- Our programs are not designed for those needing significant assistance in personal care, those that have difficulty managing their behavior in group settings, or require constant one-on-one support from our staff.

### **Caregiver Resource**

#### **ASK Family Services**

[ASK Family Services](#) is an incredible local organization for families and youth who are experiencing developmental or mental health challenges. We truly believe it takes a village, and ASK is a mighty pillar that can support you in so many ways. Between their peer supports, sensory classroom, state advocacy, caregiver trainings, skill building workshops, and more - you're guaranteed to find something that will help your family grow.

**Community Spotlight**  
**Calhoun Area Career Center**

The [CACC](#) has twenty programs for 11th-12th graders that integrates technical and career training that doesn't just prepare for jobs after high school, but gives more meaning and relevance to their high school academics. Some benefits of your child attending the CACC include:

- Dual enrollment opportunities, which earns students college credits and ultimately saves in future tuitions.
- Earn professional certifications/credentials for a leg up in various industries.
- Work based learning opportunities with local employers
- Scholarship opportunities for seniors that are exclusive to CACC students!

Thanks for reading and being a part of our Sherman Lake Y family! Make sure to like us on [Instagram](#) and [Facebook](#) to stay connected until my next email.

Best,  
Alex Kinney  
Summer Camp Director

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