

Sherman Lake Retreat Menu Selections

Each Menu Includes Variety of Desserts, Assorted Canned Soft Drinks, Lemonade, Iced Water and Coffee Service. Most menus are available for lunch or dinner.

Roma Cafe

Five Cheese Lasagna Pinwheels with Roma Marinara Served with Sicilian Vegetables, Romaine Salad with Light Italian Dressing and Warm Rolls

Deli Fresh

Smoked Turkey, Virginia Ham, Provolone Cheese, Homemade Chicken Salad, Roma Tomatoes, Leaf Lettuce, Red Onion, Mustard & Mayonnaise with Homemade Fresh Sourdough Bread and a Variety of Fresh Rolls. Red Bliss Potato Salad, Broccoli Salad & Assorted Chips

Choice of 2 Fresh Soups

Creamy Potato Bacon, Broccoli Cheddar Chili
Curried Chicken and Rice Soup, Hearty Vegetarian Vegetable, Cream of Tomato Basil
Sweet Corn and Crab Chowder
White Chicken Chili, Classic Chicken Noodle

Gulf of Mexico

Black Bean and Corn Salad, Cheddar Drop Biscuits, Tortilla Crusted Tilapia, Parsley Lime Rice and Cozumel Vegetables

Cajun Celebration

Tossed Garden Salad, Cheddar Drop Biscuits, Creole Roasted Chicken Quarters or Breasts, All Day Baked Beans & Sherman Lake's Own Firefly Corn

Greek Island Grill

Romaine Salad with Feta and Olives
Herbed Olive Oil Focaccia Bread
Grilled Chicken Breast Smothered with Artichoke Hearts, Mushrooms, Red Peppers and Fontina Cheese, Garden Vegetable Rice
Broccoli or Sicilian Vegetables

Flank Steak Fajitas

Strips of Grilled Flank Steak Tossed with Sautéed Onions and Bell Peppers Served with Flour Tortillas, Salsa, Sour Cream, Shredded Lettuce and Cheddar Cheese, Fresh Fruit and Blue and Red Tortilla Chips

Fire Grilled Burgers and Bellas

Flame Kissed Hamburgers and Portabellas on Kaiser Rolls. Toppings include: Diced Romas, Black Olives, Shredded Lettuce, Co-Jack Cheese and Red Onion, accompanied by Slow Cooked Three Cheese Macaroni, and Seasonal Fresh Fruit

Chicken Wings of Love

Classic Spicy Buffalo, Garlic & Lime, and Sweet & Tangy Honey Mustard Wings and Drummies, with their own Signature Glazes and Dipping Sauces. Served along side, a variety of Cheese and Crackers, Cool and Creamy Coleslaw and fresh cut Celery Stalks

Margarita Chicken

Sliced Watermelon and Pineapple, Tossed Caesar Salad with Bay Biscuits, Wild Rice, Key West Blend Vegetables and Garlic Lime Marinated Grilled Chicken Breast

Pizza Party

Romaine and Roma Tomato Salad, Roasted Chicken and Artichoke Pizza with Fire Roasted Red Onion Supreme-Pepperoni, Italian Sausage, Mushrooms, Roasted Onions and Peppers
Perfect Pepperoni-Loaded with Pepperoni and Extra Cheese
Cheese Stuffed Garlic Bread Sticks

Thai BBQ

Field Greens with Mandarins and Sesame Ginger Dressing, Thai Barbecue Chicken, Wild Rice and Steamed Kyoto Vegetables

Mom's Pot Roast (for dinner only)

Slow Roasted Beef Roast
Baby Carrots, Red Potatoes and Celery
Served with Warm Biscuits, and Garden Salad with Assorted Dressings

Brown Sugar Baked Ham

Baked Ham, Garden Salad with Assorted Dressings, Au Gratin Potatoes, Steamed Buttered Broccoli Spears, Cheddar Drop Biscuits and Red Grape Clusters

Margarita Chicken

Sliced Watermelon and Pineapple
Tossed Caesar Salad with Bay Biscuits
Wild Rice, Key West Blend Vegetables
Garlic Lime Marinated Grilled Chicken Breast

Build Your Own Grilled Chicken Salad

Sliced Grilled Chicken Breast
Romaine Lettuce, Roma Tomatoes, Red Onion, Black Olives, Pepperoncini, Sliced Hard Boiled Eggs, Parmesan Cheese, Pepperoni, Broccoli, Carrot Shreds, Feta Cheese, Cheddar Cheese, Home style Croutons, Buttermilk Ranch, Italian, Caesar and French Dressing
Warm Breads and Rolls and Butter



Continental Breakfast

Assorted Pastries, Whole Fruit, Cereal Bars, Yogurt and Granola, Kellogg's Cereal and Milk, Toaster Options with Cream Cheese and Spreads, Orange Juice, Coffee, Herbal Tea and Iced Water

Harvester Breakfast

Belgium Waffles or Cheddar Scrambled Eggs
Sausage, Smokey Links and Bacon, Oatmeal with Michigan Dried Cherries and Brown Sugar, Assorted Pastries, Whole Fruit, Cereal Bars, Yogurt and Granola, Kellogg's Cereal and Milk, Toaster Options with Cream Cheese and Spreads, Orange Juice, Coffee, Herbal Tea and Iced Water

Mid Morning Break

Fresh Seasonal Fruit, Warm Oatmeal Raisin Cookies, Assorted Sodas and Juices, Coffee Service and Bottled Water

Sundae Bar Also makes a great addition to your afternoon snack.

Premium Vanilla Ice Cream, Chocolate Syrup, Rainbow Sprinkles, Crushed Oreos, Chocolate Chips Whipped Cream, Strawberry Topping, Maraschino Cherries, Whipped Topping, Chopped Nuts Marshmallows and Sugar Cones

Afternoon Snack

Includes an assortment of: 3 Sweets—Cookies, Candy, Brownies, Bars
 3 Salty Snacks—Popcorn, Almonds, Chips, Party Mix, Cheese, Crackers
 Whole Fruit, Veggies and Dip
 Assorted Sodas and Lemonade, Iced Water and Coffee Service